

YOU ARE NOT ALONE!

San Francisco Asthma Guide

Health Care

- Low-cost insurance
- Clinics and hospitals
- Lung specialists
- Allergy and lung evaluation

For Healthy Homes

- Home inspections
- Tenants and landlord issues
- Supplies to control allergies

Asthma Resources

- Stop smoking programs
- Asthma education
- School programs
- Help on the phone

Health Care

San Francisco Health Plan

568 Howard Street, 5th floor
San Francisco, CA 94105

415-777-9992

Information about low-cost health insurance for children and teens. Call to see if you qualify for Healthy Kids, Medi-Cal, or Healthy Families.

Kaiser Permanente Hospital

2241 Geary Boulevard
San Francisco, CA 94115

Appointments for members: **415-833-2200**

Insurance information: **1-800-464-4000**

San Francisco Health Department Health Referral Line for Women and Children

1-800-300-9950

Free or low cost health care for women and children.

Blue Cross of California

816 Van Ness Avenue
San Francisco, CA 94109

415-474-2212

Health insurance for children and adults that qualify for Medi-Cal and Healthy Families.

Languages: English, Spanish, Chinese, and Vietnamese

San Francisco General Hospital (SFGH)

SFGH Main

1001 Potrero Avenue
San Francisco, CA 94110

Children's Health Center

Main Hospital, 6th Floor, Room M

415-206-8376

Weekly asthma clinic by referral.
Referrals to specialists, allergy tests, and evaluation of lung function.

Women's Health Center

Main Hospital, 5th Floor-M

415-206-3400

Adult Medicine Clinic

Main Hospital, 1st Floor, M3

415-206-8492

Ask for the Chest Clinic.

Referrals and Urgent Care

Main Hospital, 1st Floor, Room IQI

415-206-5166

Primary care and referrals to see a doctor.

Family Health Center, S.F. General Hospital

995 Potrero Avenue, Building #80, 1st floor

415-206-5252

University of California San Francisco (UCSF)

UCSF—Main

400 Parnassus Avenue, 8th Floor
San Francisco, CA 94143

Chest Faculty Adult Medicine

414-353-2961

Allergy and Immunology Faculty Practice

415-353-2725

Pediatric Clinic, 2nd Floor

415-476-4988

Pediatric Clinic at Lakeside

1569 Sloat Blvd., #314
San Francisco, CA 94132

415-353-9339

Asthma Clinic Research Center

505 Parnassus Ave, 13th Floor
Rooms: M1339A and M1330

415-502-4849

The UCSF Asthma Research needs persons, ages 18-65, asthmatics, non-asthmatics, and people with allergies only for studies. Participants are paid for their time. Call toll free: 866-246-4253, or the number above, to see if you qualify.

St Luke's Hospital

St. Luke's Hospital—Main

3555 Cesar Chávez Street
San Francisco, CA 94110

For general information: **415-647-8600**

Referrals for new patients

415-821-3627

St. Luke's Pediatric Center

1640 Valencia Street, #102

415-285-2006

St. Luke's Neighborhood Clinic General Medicine

1590 Valencia Street, #506

415-647-8111

For appointment with a staff from the
Asthma Program, call: **415-641-6850**

Golden Gate Medical Group

3620 Cesar Chávez Street

415-826-7575

St. Mary's Medical Center

450 Stanyan Street
San Francisco, CA 94117

415-668-1000

California Pacific Medical Center Pediatrics

3801 Sacramento Street
San Francisco, CA 94118

415-750-2403

San Francisco Clinics

Castro Mission Health Center

3815-17th Street
San Francisco, CA 94114

415-487-7500

Maxine Hall Health Center

1301 Pierce Street
San Francisco, CA 94115

415-292-1300

Ocean-Park Health Center

1351-24th Avenues
San Francisco, CA 94122

415-753-8100

Silver Avenue Family Health Center

1525 Silver Avenue
San Francisco, Ca 94134

415-715-0300

Potrero Hill Health Center

1050 Wisconsin Street
San Francisco, CA 94110

415-648-3022

Southeast Health Center

2401 Keith Street
San Francisco, CA 94124

415-715-4000

Ask to see the Clinical Pharmacist for asthma education.

San Francisco Free Clinic

4900 California Street
San Francisco, CA 94118

415-750-9894

Lyon Martin Women's Health Services

1748 Market St., Suite 201
San Francisco, CA 94102

415-565-7667

Low-cost community health care services for women, including general and internal medical services.

Chinatown Public Health Center

1490 Mason Street
San Francisco, Ca 94133

415-705-8500

North East Medical Service

1520 Stockton Street
San Francisco, CA 94133

415-391-9686

**Mission Neighborhood
Health Center**

240 Shotwell Street
San Francisco, CA 94110

415-552-3870

**Mission Neighborhood Excelsior
Health Center**

4434 Mission Street
San Francisco, CA 94112

415-406-1353

St. Anthony's Free Medical Clinic

105 Golden Gate Avenue
San Francisco, Ca 94109

415-241-8320

Native American Health Center

160 Capp Street
San Francisco, CA 94110

415-621-8051

**Sister Mary Philippa Health
Center**

2235 Hayes Street, 5th Floor
San Francisco, CA 94117

415-750-5515

Hip Hop to Health Clinic

446 Randolph Street
San Francisco, CA 94132

415-337-4719

Asthma Resources

Yes We Can Urban Asthma Partnership

A model project of the best medical and environmental interventions and techniques to control child asthma at:

San Francisco General Hospital

1001 Potrero Ave
San Francisco, CA 94110

415-206-4345

Mission Neighborhood Health Center

240 Shotwell Street
San Francisco, CA 94110

415-552-3870 ext. 214

American Lung Association

2171 Junipero Serra Blvd. # 720
Daly City, Ca 94401-1999

650-994-5864

- Asthma Education Program for schools.
- Workshops on asthma control for schools and child care centers.
- Air Quality Program for schools.
- Materials and videos on asthma.
- Smoking Cessation Program.

For information about joining a group call:

650-994-5864, ext. 303

Healthy Children Organizing Project

717 Market Street, #310
San Francisco, CA 94103

415-777-9648

Advocates for safe environments for children to prevent lead and control asthma. Works with community organizations, government agencies, and parents to promote children's health.

Promotes legislation that addresses safe-housing issues.

Tobacco Free Project at S.F. General Hospital

1001 Potrero Avenue, # 3206
San Francisco, CA 94110

415-206-6074

Free classes to help quit smoking. Personalized program to fit each smoker and follow-up after the course. Call to register for the next available class.

For classes in other languages call the above number.

United States Environmental Protection Agency

1-866-662-8822

Toll free information line on child asthma. Talk to an asthma specialist and get asthma brochures.

Kaiser Permanente Hospital Health Education Center

2241 Geary Boulevard
San Francisco, CA 94115

415-833-3450

Offers health education classes, a library of health materials, videos, and items for sale.

Department of Public Health Children's Environmental Health Promotion Section

1390 Market Street, #230
San Francisco, CA 94102

414-554-8930

Provides public education and supports families affected by lead poisoning and asthma. Offers home education and resources to control asthma and prevent child lead poisoning by promoting healthy homes.

Regional Asthma Management and Prevention Initiative

2001 Addison Street, 2nd Floor
Berkeley, CA 94704

510-883-9980

Works in the region to create a model of collaboration among counties to advance the treatment of chronic diseases, including asthma. Develops and distributes educational materials and conducts research.

Bayview Hunter's Point Health and Environmental Resource Center

6301 Third Street
San Francisco, CA 94124

415-468-4372

Community asthma education and home assessment program. Asthma workshops in neighborhood.

SF Unified School District School Health Programs

1515 Quintara Street
San Francisco, Ca 94116

415-242-2615

Offers standard asthma education for school children and support groups.

Bayview Hunter's Point Health and Environmental Assessment Task Force

2401 Keith Street
San Francisco, CA 94124

415-715-4009

Organizes the community to address environmental health issues, including asthma.

National Jewish Medical and Research Center

800-222-LUNG

Toll free information line, staffed by respiratory nurses. Get information about asthma, allergies, and immune system diseases.

Asthma & Allergy Foundation of America

3030 Bridgeway, Suite 211
Sausalito, CA 94965

415-339-8880

Provides asthma and allergy education to patients and professionals. Conducts asthma screenings, evaluations and referrals.

San Francisco Asthma Task Force

415-554-8930

Legislated by the Board of Supervisors of San Francisco, the purpose of this asthma task force is to recommend actions and strategies to the Board to ensure the highest standards of asthma management and prevention services for all San Franciscans.

For Healthy Homes

Department of Public Health Environmental Health Management Section

1390 Market Street, #210
San Francisco, CA 94102

415-252-3800

Inspects and evaluates homes for environmental hazards and gives recommendations to control mold, rodents, cockroaches, and other pests in the home.

Department of Building Inspection Housing Inspection Services

1660 Mission Street
San Francisco, CA 94103

415-558-6220

Inspects homes, investigates violations, and enforces building codes. Provides information about how building codes apply to housing issues.

City and County of San Francisco Rent Board

25 Van Ness Avenue, #320
San Francisco, CA 94102-6033

415-252-4600

The Rent Board works with tenants and landlords on housing issues, springing from mandated rights, obligations, and services for both.

Housing Rights Committee of San Francisco

427 So. Van Ness Avenue
San Francisco, CA 94110

415-703-8644

Tenant Counseling, mediation, and referrals in English and Spanish. Ask about other sites.

St. Peter's Housing Committee

474 Valencia Street, #156
San Francisco, CA 94103

415-487-9203

Counsels tenants about their rights to safe housing and provides referrals.

Chinatown Community Development Center

1525 Grant Avenue
San Francisco, CA 94133

415-984-1450

Provides housing counseling, mediation, and referrals.

Allergy Store
800-771-ACHOO

Sells articles that help you control allergy and asthma.

Allergy Solutions Inc.
1-800-491-4300

Sells environmental control products: bedding, air purifiers, thermostat filters, and much more.
Medical devices: Spacers, nebulizers, peak flow meters, and others.

Allergy Control Products
1-800-422-3878

Offers a full line of supplies to reduce allergy exposure.

Local Stores:

- Bed, Bath, and Beyond
- Mervyn's
- J.C. Penney
- Sears
- Macy's
- Target
- And many more

Ask for allergy-proof mattresses and pillow covers, cleaning supplies, and other articles.